

WEEK 12

OPEN DOORS WITH ENERGY

When the river flows with water, then and only then does it have power to change and to carry things from one place to another. Donna Farhi¹⁴

Our life energy, like water, is powerful. If we want to spend a month in a foreign country, we might wonder how we could do it with our existing money. Yes, we could spend several thousand dollars renting a house. Renting requires money. What could we accomplish by using our life energy in place of money? Might our company send us, expenses paid? Might we arrange a home stay or a home swap, teach our language, or get a scholarship? Those options would require mainly life energy instead of money. Once we shift perspective, the options are endless, and we find an open door to accomplish what is on purpose for us.

 INQUIRY

Name five dreams you have.¹⁵ Pick one you want to accomplish in the next twelve months. How can you use life energy in lieu of money to make your dream real? What next action step do you commit to taking by the end of this week?

 INQUIRY

Notice when you or someone around you says, *I don't have the money to...* When you hear that phrase, ask *How can one accomplish what is wanted using life energy instead of money?* Generate at least ten possibilities.

 INQUIRY

Notice when you say, *I don't have the money to...* Ask yourself if money is only a convenient excuse. Is there a reason other than money that is getting in the way of accomplishing what you want? Choose what to do about the underlying reason.